

# Reflections Café

## Lunch Menu

	<b>Entrée</b>	<b>Regular</b>
Soup of the Day <span style="float: right;"><i>with bread roll</i></span>		\$12.50
Bruschetta <i>Crusty home made bread topped with tomato, pesto, Spanish onion and shaved parmesan.</i>		\$13.40
Mushroom Tit Bits <i>Crumbed mushrooms with garlic aioli.</i>		\$13.40
Sandwich (for rolls or toasted sandwiches add \$0.70 each) <i>Your choice of white, wholemeal or multigrain bread with one of the following fillings: Ham, beef, chicken, smoked salmon, salami, Swiss cheese, salad.</i>		\$7.70
<i>Added salad</i>		\$1.90
<i>Toppings (each) – asparagus, avocado, beetroot, cheese, semi-dried tomato, etc.</i>		\$0.60
Toasted Focaccia <i>Selection of fillings, additions and toppings as for sandwiches above.</i>		\$9.70
Mixed Platter <i>Cold meats, local cheeses, salads, pickled vegetables and olives, with pickles, crackers and home made bread.</i>	\$21.80	\$29.00
Terrace Platter <i>Including spring rolls, samosas, mini dim sims, calamari, Thai fish &amp; prawn cakes, meat balls, salmon volauvents, dipping sauces and crusty home made bread.</i>	\$24.20	\$32.20
Caesar Salad <i>Cos lettuce, crispy bacon, croutons, soft boiled egg, parmesan cheese and tangy dressing (anchovies optional).</i>	\$16.60	\$22.40
Reflections Salads <i>A tossed gourmet salad of walnuts, mesclun, red onion, cherry tomatoes and roasted red capsicum with either:- Sweet and sour mini squid, or Salt and pepper mini squid, or Cajun chicken and aioli, or Moroccan spiced beef.</i>	\$20.60	\$27.40
Spaghetti <i>Napolitana – rich tomato, garlic and basil sause,</i>	\$18.80	\$25.00
<i>Bolognaise – beef, garlic, tomato and basil sause,</i>	\$20.60	\$27.40
Penne <i>Carbonara – mushroom, bacon and cream sause, or</i>	\$19.40	\$25.80
<i>Vegetarian – sun dried tomato, pesto and cream sause.</i>	\$19.40	\$25.80
Lasagne <i>Traditional – spicy beef bolognaise, cream cheese &amp; hint of garlic</i>		\$27.40
<i>Vegetarian - vegetables with tomato sause, béchamel and mozzarella</i>		\$27.40
<i>Each Lasagne served with salad and fries</i>		

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Calamari <i>Crumbed calamari with fries and salad</i>	\$20.60	\$27.40
Traditional Fish and Chips <i>Tempura battered fish with fries, tartare sauce, lemon and salad.</i>		\$26.40
Seafood Basket <i>Crumbed and battered seafood with fries, tartare sauce, lemon and salad</i>		\$28.60
Satay Combination <i>Prawn skewer and marinated chicken, beef &amp; lamb skewers, served with peanut &amp; coconut satay sauce, jasmine rice and salad.</i>		\$32.20
Abbey Burger <i>Beef patty or chicken schnitzel with bacon, egg, cheese, tomato, lettuce, cucumber, mayonnaise. Served in a toasted bun with fries.</i>		\$25.60
BLT –Bacon, Lettuce and Tomato <i>Layers of bacon, sliced tomato and cos lettuce with garlic aioli in a toasted roll.</i>		\$22.20
Steak Sandwich/Roll <i>Grilled steak schnitzel and grilled onions served in a toasted roll.</i>		\$22.20
Grilled Fish of the Day <i>As advised on the day. Served with fries and salad.</i>		\$39.40
Prime Porterhouse Steak (250g) (MSA) <i>Tender porterhouse cooked to your liking, with choice of peppered sauce or creamy garlic sauce, fries and salad.</i>		\$39.40

### On the Side...

Bowl of fries	\$6.80	\$9.20
Seasoned wedges with sweet chilli sauce & sour cream	\$8.00	\$10.40
Garden salad	\$8.00	\$10.40
Garlic or Herb bread		\$8.00
<b>Additions</b> - tomato sauce, sour cream, etc. \$1.20 - fried egg \$2.40		

### Desserts

Fresh fruit salad and ice cream or cream		\$10.80
Ice cream (one, two or three scoops)	\$5.40	\$7.00
Ice cream sundae		\$10.20
Banana split		\$10.20
Cheese board with date loaf and fruit (for one or two)	\$14.00	\$18.80

Cakes from the display **\$10.80/slice or as marked**  
*(Served with cream or ice cream)* *(All prices are inclusive of GST)*