



Reflections Cafe

Dinner Menu

*Abbey Beach Resort,
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Dinner Menu

<u>Light Fare...</u>	Entrée	Regular
<p>Soup of the Day <i>with bread roll</i></p>	\$12.50	
<p>Bruschetta <i>Crusty home made bread topped with tomato, pesto, Spanish onion and shaved parmesan.</i></p>	\$13.40	
<p>Mushroom Tit Bits <i>Crumbed mushrooms with garlic aioli.</i></p>	\$13.40	
<p>Mixed Platter <i>Cold meats, local cheeses, salads, pickled vegetables and olives, with pickles, crackers and home made bread.</i></p>	\$21.80	\$29.00
<p>Terrace Platter <i>Including spring rolls, samosas, mini dim sims, calamari, Thai fish & prawn cakes, meat balls, salmon volauvents, dipping sauces and crusty home made bread.</i></p>	\$24.20	\$32.20
<p>Caesar Salad <i>Cos lettuce, crispy bacon, croutons, soft boiled egg, parmesan cheese and tangy dressing (anchovies optional).</i></p>	\$16.60	\$22.40
<p>Reflections Salads <i>A tossed gourmet salad mix of walnuts, mesclun, red onion, cherry tomatoes and roasted red capsicum with either:- Sweet and sour mini squid, or Salt and pepper mini squid, or Cajun chicken and aioli, or Moroccan spiced beef.</i></p>	\$20.60	\$27.40
<p>Calamari <i>Crumbed calamari with fries and salad</i></p>	\$20.60	\$27.40

Pasta

		Entrée	Regular
Spaghetti	Napolitana - rich tomato, garlic and basil sauce,	\$18.80	\$25.00
	Bolognaise - beef, garlic, tomato and basil sauce,	\$20.60	\$27.40
Penne	Carbonara - mushroom, bacon and cream sauce, or Vegetarian - sun dried tomato, pesto and cream sauce.	\$19.40	\$25.80
Lasagne	Traditional - spicy beef bolognaise, cream cheese & hint of garlic		\$27.40
	Vegetarian - vegetables with tomato sauce, béchamel and mozzarella Each Lasagne served with salad and fries		\$27.40

Main Course

			Regular
Veal or Chicken Schnitzel or Parmigiana -			\$29.20
	Schnitzel with pepper sauce or creamy garlic sauce, Parmigiana with zingy tomato sauce and cheddar. served with fries and salad, or spaghetti (plain, Napolitana or garlic cream).		
Satay Combination			\$32.20
	Prawn skewer and marinated chicken, beef & lamb skewers, served with peanut & coconut satay sauce, jasmine rice and salad.		
Traditional Fish and Chips			\$26.40
	Tempura battered fish with fries, tartare sauce, lemon and salad.		
Seafood Basket			\$28.60
	Crumbed and battered seafood with fries, tartare sauce, lemon and salad		
Madras Curry - Chicken			\$31.60
	Tomato based, mild, Madras curry of chicken, pineapple, sultanas and apple with lime and lemon zest served in a ring of steamed jasmine rice with boiled egg and tomato pieces.		
Risotto - Mixed Seafood, Chicken and Pumpkin			\$31.60
	Arborio rice slowly cooked in chicken stock, with added butternut pumpkin, mixed seafood and breast of chicken. Served with crisp grissini sticks.		
Beef, Guinness & Mushroom Pie			\$27.40
	Slow pot-roasted hearty casserole full of meat, rich juices and vegetables topped with puff pastry and served with fries or mashed potato.		

Main Courses - Continued

Abbey Burger	\$25.60
<i>Beef patty or chicken schnitzel with bacon, egg, cheese, tomato, lettuce, cucumber, mayonnaise. Served in a toasted bun with fries.</i>	
Thai Fish and Prawn Cakes	\$28.00
<i>Coriander and mild green chilli, Thai spiced, patties with sweet corn and spring onion, gently grilled and served with tartare sauce, fries and salad.</i>	
Stir Fry Beef Strips	\$28.20
<i>Prime beef strips tossed with snow peas, onion, carrot and bean sprouts, wrapped with hokein noodles and finished with a spicy b.b.q. glaze.</i>	
Cordon-Bleu Breast of Ferguson Valley Chicken	\$37.00
<i>Filled with ham and cheese, oven roasted, served with fries and salad.</i>	
Grilled Fish of the Day	\$39.40
<i>As advised on the day. Served with fries and salad.</i>	
Prime Porterhouse Steak (250g) (MSA)	\$39.40
<i>Tender porterhouse cooked to your liking, with choice of peppered sauce or creamy garlic sauce, fries and salad.</i>	

On the Side...

	Small	Regular
<i>Vegetables & mashed potato to replace fries & salad</i>		\$5.00
<i>Vegetables & mashed potato additional</i>	\$6.80	\$9.20
<i>Bowl of -fries or -mashed potato or -vegetable medley</i>	\$6.80	\$9.20
<i>Seasoned wedges with sweet chilli sauce & sour cream</i>	\$8.00	\$10.40
<i>Garden salad</i>	\$8.00	\$10.40
<i>Garlic or Herb bread</i>		\$8.00
Additions - tomato sauce, sour cream, etc.	\$1.20	
- fried egg,	\$2.40.	

Desserts

<i>Fresh fruit salad and ice cream or cream</i>		\$10.80
<i>Ice cream (one, two or three scoops)</i>	\$5.40	\$7.00
<i>Ice cream sundae</i>		\$10.20
<i>Banana split</i>		\$10.20
<i>Cheese board with date loaf and fruit (for one or two)</i>	\$14.00	\$18.80

Cakes from the display **\$10.80/ slice or as marked**
(Served with cream or ice cream) *(All prices are inclusive of GST)*